



## Results und Ranking

### 1. Swiss FSA Contest 2022 - 11. June CrossFit Abtwil

Strongman																			
Ranking	Total points	Nation	First Name	Last Name	Category (open, <105, <90kg)	Axle Deadlift max reps with straps	300kg	280kg	Rang	Keg Lift ground2overhead 85kg	Rang	Atlas Stones to shoulder 2rep 100kg amrap	Rang	Prowler push 200 kg	Rang	Yoke Carry	400kg	360kg	Rang
1	15	IT	Michele	Lestini	Open	9	x		2	13	1	4 x 120 kg	1	90:00 sec	8	42:68 sec		x	3
2	17	CH	Hugo	dos Santos	Open	0	x		6.5	7	5	2 x 120 kg	3.5	30:50 sec	1	34:57 sec		x	1
3	18.5	CH	George	Paunovic	Open	10	x		1	11	2	1 x 120 kg	5.5	90:00 sec	8	41:00 sec		x	2
4	19	CH	Marc	Bischof	<105kg	6	x		4	9	3	3 x 120 kg	2	55:00 sec	3	9,70 m		x	7
5	27	CH	Luca	Scheidegger	<105kg	0	x		6.5	7	5	2 x 120 kg	3.5	90:00 sec	8	70:00 sec		x	4
6	30.5	CH	Stan	Calderara	<105kg	0	x		6.5	6	7	2 x 100 kg	8	59:00 sec	4	12,10 m		x	5
7	31.5	CH	Antony	Mathys	<90kg	8	x		3	7	5	1 x 120 kg	5.5	90:00 sec	8	2,60 m		x	10
8	36	CH	Till	Bertschi	<105kg	0		x	11	4	9	2 x 100 kg	8	35:70 sec	2	10,25 m		x	6
9	41	CH	Jonas	Bertschinger	<90kg	5		x	10	5	8	1 x 100 kg	10	85:00 sec	5	8,10 m		x	8
10	44.5	CH	Marco	Bächler	<90kg	6		x	9	2	10.5	2 x 100 kg	8	90:00 sec	8	7,40 m		x	9
11	50	CH	Angelo	Fiorentino	Open	0	x		6.5	2	10.5	sick	11	sick	11	sick		x	11



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Strongman - Newcomer >105kg																			
Ranking	Total points	Nation	First Name	Last Name		Axle Deadlift max reps with straps	260kg	220kg	Rang	Keg Lift ground 2overhead 70kg	Rang	Atlas Stones to shoulder 2rep 90/amrap110	Rang	Prowler push 180 kg	Rang	Yoke Carry	360kg	320kg	Rang
1	7		Ludovic	Massamba		3	x		2	10	1	1 x 110 kg	1	90:00 sec	2	8.5 m		x	1
2	8		Kevin	Mendes		9	x		1	5	2	2 x 90 kg	2	76:00 sec	1	3.5 m		x	2

Strongman - Newcomer <105kg																			
Ranking	Total points	Nation	First Name	Last Name		Axle Deadlift max reps with straps	260kg	220kg	Rang	Keg Lift ground 2overhead 70kg	Rang	Atlas Stones to shoulder 2rep 80 amrap 100	Rang	Prowler push 160 kg	Rang	Yoke Carry	320kg	280kg	Rang
1	5	CH	Ludo	Messerli		4	x		1	10	1	1 x 100 kg	1	23:60 sec	1	30:00:00		x	1
2	10	CH	Lukas	Hutter		0		x	2	8	2	2 x 80 kg	2	33:00 sec	2	40:00 sec		x	2

Strongman - Newcomer <90kg																			
Ranking	Total points	Nation	First Name	Last Name		Axle Deadlift max reps without straps	220kg	180kg	Rang	Keg Lift ground 2overhead 60kg	Rang	Atlas Stones to shoulder 2rep 70 amrap 90	Rang	Prowler push 160 kg	Rang	Yoke Carry	280kg	240kg	Rang
1	6	CH	Virgil	Kem		3	x		1	11	1	2r 00:09 / 4 reps	1	90:00 sec	2	12:11 sec		x	1
2	9	CH	Max	Gay		8		x	2	10	2	2r 00:10 / 4 reps	2	46:00 sec	1	34:82 sec		x	2



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Strongwoman																			
Ranking	Total points	Nation	First Name	Last Name	Category (>82kg/ <82kg/ <73kg/ <64kg)	Axle Deadlift max reps without straps	170kg	140kg	Rang	Keg Lift ground2overhead 60kg/40kg	Rang	Atlas Stones to shoulder 2 reps 60 amrap 80	Rang	Prowler push 120 kg	Rang	Yoke Carry	240kg	160kg	Rang
1	11	US	Sabrina	Vollers	>82kg	1	x		3	60kg / 2	2	80 kg 3 reps	2	44:00 sec	2	13:71 sec		x	2
2	16	CH	Nadine	Schöb	<82kg	5	x		2	40kg / 8	4	80 kg 1 rep	4	60:00 sec	3	15:75 sec		x	3
3	21	CH	Anna	Jonasch	<82kg	14		x	4	40kg / 11	3	60 kg 2 reps	5	90:00 sec	5	15:83 sec		x	4
4	22	CH	Daniela	Niklaus	<64kg	7		x	5	40kg / 7	5	80 kg 2 reps	3	88:00 sec	4	17:05 sec		x	5
not ranked	5	CH	Layla	Maillard	Open	10	x		1	60kg / 5	1	80 kg 6 reps	1	23:00 sec	1	05:74 sec		x	1

Strongwoman Newcomer																			
Ranking	Total points	Nation	First Name	Last Name	Category (>82kg/ <82kg/ <73kg/ <64kg)	Axle Deadlift max reps without straps	120kg	90kg	Rang	Keg Lift ground2overhead 30kg	Rang	Atlas Stones to shoulder 2reps 50 amrap 70	Rang	Prowler push 100kg	Rang	Yoke Carry	130kg	90kg	Rang
1	7	CZ	Jindriska	Hejtykova	>82kg	17	x		1	23	1	70kg 11 reps	1	49:00 sec	2	8:81 sec	x		2
2	11.5	CH	Tanja	Luterbacher	>82kg	11	x		2	15	2	70kg 10 reps	2	90:00 sec	4.5	8:38 sec	x		1
3	16	CH	Selena	Galdini	>82kg	9	x		3	8	3	70kg 4 reps	4	60:00 sec	3	10:07 sec	x		3
4	19	CH	Michelle	Sennhauser	<64kg	6	x		4	5	5	70 kg 2 reps	5	36:00 sec	1	10:54 sec	x		4
5	21.5	UK	Emily	Kay	<73kg	13		x	5	6	4	70kg 5 reps	3	90:00 sec	4.5	87: 47 sec	x		5



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### 1. Swiss FSA Contest 2022 - 11. June CrossFit Abtwil

#### Ranking Strongman - weight categories

##### Strongman - open

Ranking	Total points	Nation	First Name	Last Name	Category (open, <105, <90kg)	Axle Deadlift max reps with straps	300kg	260kg	Rang	Keg Lift ground2overhead 85kg	Rang	Atlas Stones to shoulder 2rep 100kg amrap 120kg	Rang	Prowler push	Rang	Yoke Carry	400kg	360kg	Rang
1	9.5	IT	Michele	Lestini		9	x		2	13	1	4 x 120 kg	1	90:00 sec	2.5	42:68 sec		x	3
2	10.5	CH	Hugo	dos Santos		0	x		3.5	7	3	2 x 120 kg	2	30:50 sec	1	34:57 sec		x	1
3	10.5	CH	George	Paunovic		10	x		1	11	2	1 x 120 kg	3	90:00 sec	2.5	41:00 sec		x	2
4	19.5	CH	Angelo	Fiorentino		0	x		3.5	2	4	sick	4	sick	4	sick		x	4

##### Strongman - <105kg

Ranking	Total points	Nation	First Name	Last Name		Axle Deadlift max reps with straps	300kg	260kg	Rang	Keg Lift ground2overhead 85kg	Rang	Atlas Stones to shoulder 2rep 100kg amrap 120kg	Rang	Prowler push	Rang	Yoke Carry	400kg	360kg	Rang
1	9	CH	Marc	Bischof		6	x		1	9	1	3 x 120 kg	1	55:00 sec	2	9,70 m		x	4
2	11.5	CH	Luca	Scheidegger		0	x		2.5	7	2	2 x 120 kg	2	90:00 sec	4	70:00 sec		x	1
3	14	CH	Stan	Calderara		0	x		2.5	6	3	2 x 100 kg	3.5	59:00 sec	3	12,10 m		x	2
4	15.5	CH	Till	Bertschi		0		x	4	4	4	2 x 100 kg	3.5	35:70 sec	1	10,25 m		x	3

##### Strongman - <90kg

Ranking	Total points	Nation	First Name	Last Name		Axle Deadlift max reps with straps	300kg	260kg	Rang	Keg Lift ground2overhead 85kg	Rang	Atlas Stones to shoulder 2rep 100kg amrap 120kg	Rang	Prowler push	Rang	Yoke Carry	400kg	360kg	Rang
1	8.5	CH	Antony	Mathys		8	x		1	7	1	1 x 120 kg	1	90:00 sec	2.5	2,60 m		x	3
2	10	CH	Jonas	Bertschinger		5		x	3	5	2	1 x 100 kg	3	85:00 sec	1	8,10 m		x	1
3	11.5	CH	Marco	Bächler		6		x	2	2	3	2 x 100 kg	2	90:00 sec	2.5	7,40 m		x	2



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### 1. Swiss FSA Contest 2022 - 11. June CrossFit Abtwil

#### Ranking Strongwoman - weight categories

##### Strongwoman - not ranked

Ranking	Total points	Nation	First Name	Last Name		Axle Deadlift max reps without straps	170kg	140kg	Rang	Keg Lift ground2overhead 60kg/40kg	Rang	Atlas Stones to shoulder 2 reps 60 amrap 80	Rang	Prowler push	Rang	Yoke Carry	240kg	150kg	Rang
1	5	CH	Layla	Maillard		10	x		1	60kg / 5	1	80 kg 6 reps	1	23:00 sec	1	05:74 sec		x	1

##### Strongwoman - >82kg

Ranking	Total points	Nation	First Name	Last Name		Axle Deadlift max reps without straps	170kg	140kg	Rang	Keg Lift ground2overhead 60kg/40kg	Rang	Atlas Stones to shoulder 2 reps 60 amrap 80	Rang	Prowler push	Rang	Yoke Carry	240kg	150kg	Rang
1	5	US	Sabrina	Vollers		1	x		1	60kg / 2	1	80 kg 3 reps	1	44:00 sec	1	13:71 sec		x	1

##### Strongwoman - <82kg

Ranking	Total points	Nation	First Name	Last Name		Axle Deadlift max reps without straps	170kg	140kg	Rang	Keg Lift ground2overhead 60kg/40kg	Rang	Atlas Stones to shoulder 2 reps 60 amrap 80	Rang	Prowler push	Rang	Yoke Carry	240kg	150kg	Rang
1	6	CH	Nadine	Schöb		5	x		1	40kg / 8	2	80 kg 1 rep	1	60:00 sec	1	15:75 sec		x	1
2	9	CH	Anna	Jonasch		14		x	2	40kg / 11	1	60 kg 2 reps	2	90:00 sec	2	15:83 sec		x	2

##### Strongwoman - <64kg

Ranking	Total points	Nation	First Name	Last Name		Axle Deadlift max reps without straps	170kg	140kg	Rang	Keg Lift ground2overhead 60kg/40kg	Rang	Atlas Stones to shoulder 2 reps 60 amrap 80	Rang	Prowler push	Rang	Yoke Carry	240kg	150kg	Rang
1	5	CH	Danieila	Niklaus		7		x	1	40kg / 7	1	80 kg 2 reps	1	88:00 sec	1	17:05 sec		x	1